

COUNSELING CORNER

April 2018

Natalie Seward	A-Coo
Julianne Velasco	Cop-Haro
Chanelle Lary	Harr-Lin
Toni Zurcher	Lin-Par & EL students
Jennifer Magruder (Sub:Taylor Wagonseller)	Pas-Shr & AVID students
Sally Gervasini	Shu-Z

IMPORTANT DATES: 9th, 10th, 11th grades

Fall 2018 Course Registration

All students should have submitted their course requests through Aeries on March 17th and turned in their completed registration worksheets to their counselor. If you would like to make a change to your course selection, you will need a schedule change form for 2018-2019. These forms are available in the counseling office or on the counseling website. The deadline to make changes to your 2018-2019 course requests is **Friday, May 25th**.

SAVE THE DATE!

The seventh annual **SDUHSD College Night and Fair** is on Wednesday, April 25th, 2018 from 6:00pm-8:30pm at the Del Mar Fairgrounds! Don't miss this important evening where you are given the opportunity to meet with over 200 college representatives and attend college-led information sessions on relevant college-planning topics.

Second Semester Drop Deadlines

- The deadline to drop a course without anything marked on the transcript has passed.
- If a student drops a course between **Friday, March 2nd and Thursday, May 3rd** a "W" (withdraw) will be recorded for the dropped course on the student's transcript.
- No courses may be dropped after **Friday, May 4th** per the SDUHSD Add/Drop Guidelines.

SAT/ACT Exams

Registration for SAT and ACT is available now. Make sure to check Collegeboard.com to register for upcoming SAT Exam and SAT Subject Tests dates and ACT.org to register for the ACT Exam.

Grades

The [grade reporting calendar](#) is posted on the counseling website for your convenience. Make sure to log in to Aeries and check your student's semester grades. Grades for all classes will be reported under the "grades" tab. The semester grades **will** get posted on the transcript.

It is helpful to discuss the importance of study skills with students and they should be keeping track of their academic performance through AERIES. Below is a list of common study habits that our students have found to be helpful:

- Take advantage of teacher-led study sessions.
- Use the free after school [tutoring](#). Times and location are on the counseling website.
- Read and re-read the chapters assigned, to make sure you understand the concepts.
- Take notes on chapters that are assigned.
- Study at a desk, rather than a more comfortable location.
- Study where you can focus best (i.e., in a quiet room, without music).
- Utilize group study sessions: when you teach other students the material, it helps you remember it too.
- Use flashcards to help with memorization.
- Go to bed at a reasonable hour, sleep is important!

Tutoring

Free tutoring is available after school for all students. The [tutoring schedule](#) is posted on the counseling website for your convenience. Students can also take advantage of TPHS [Peer Tutoring](#) in the Learning Commons Monday-Thursday from 2:40-4:00pm. Please encourage your student/s to take advantage of these valuable supports.

Get connected!

- Connect with a PAL (more information under the PALS tab on tp.sduhsd.net)
- Join a [club](#)! Clubs are listed on our ASB website [clubs](#)

Summer Enrichment Programs

If you haven't decided how to spend your summer, you may want to think about the possibility of participating in a summer enrichment program. Not only is it an exciting way to spend your summer, but you could get to experience life on a college campus, explore new and exciting fields you may want to pursue for college majors, make friendships with students from around the globe, and perhaps, even earn college credit for the courses you take. If summer programs interest you, you should act soon! Stop by the College and Career Center to pick up materials for available program offerings!

SENIORS:

MiraCosta Community College

Seniors who are interested in attending MiraCosta next year are encouraged to attend the MiraCosta Orientation and Planning workshop on April 30th. MiraCosta Counselors will be available to meet with all MCC enrolled students to review Math and English placement levels and choose courses.

- All students must first create a surf account with MiraCosta
<https://www.miracosta.edu/student-services/StudentHelp/tutorials/surf/index.html>

If you are interested in meeting with a MCC Counselor on **April 30th**, please see Mrs. Zurcher or Mrs. Daher to sign up in the Counseling Office by **Thursday, April 26th**.

Scholarships

Along with submitting your college applications, now is the time to start researching scholarship opportunities! Scholarships are financial awards towards college tuition that you do not have to pay back. Check out the scholarship list on [Naviance](#) as we are updating active scholarships daily and some scholarships will have deadlines that are quickly approaching. You can also look at other sites for scholarship opportunities that are listed on the [counseling website](#) here.

College Application Decisions

Seniors who are attending a four year college or university next year, make sure you update your decisions on [Naviance](#) once you commit to a school. We would love to see where you have decided to attend! Congratulations Class of 2018!

JUNIORS/SOPHOMORES/FRESHMAN

The **Junior** presentation included information about college admission requirements, college admission testing, the college application process and much more. This is a great time of year for students to start thinking about college options. The Junior Audit presentation is now [available](#).

Junior Parents:

Please continue to encourage your students to be involved in school and in extracurricular activities that they enjoy. Attendance in class is crucial to academic success. We highly recommend that 11th students start researching college and career options for after high school. They can use the above resources to start their research. We will also be hosting a **Junior Parent Night** on **Thursday, April 5th at 6:00 pm** to give you the information you need to support your junior student through the college application process!

College Research

This is a great time of year for students to start thinking about college options. You can utilize these great resources for researching college and career options:

- **Big Future:** <https://bigfuture.collegeboard.org/>

- **California Colleges:** <https://www.californiacolleges.edu/#/> (*Find colleges nationally, not only in California. Research careers, colleges, and log your list of colleges with a planning tool on this website*)
- **College Data:** <https://www.collegedata.com/>
- **Career Zone:** <https://www.cacareerzone.org/budget/>

For more resources go to SDUHSD College & Career Research:
<http://www.sduhsd.net/subsites/College-and-Career-Planning/>

NAVIANCE UPDATE

SDUHSD is committed to providing all students with access to career and college planning resources. In order to connect students with diverse, free and up-to-date college & career resources, which are still accessible to students after graduation, SDUHSD schools will no longer subscribe to the Naviance program. During this transition, 9th and 10th grade students will no longer have access to Naviance, and 11th grade and 12th grade will continue to use Naviance this year only. This transition will also retain valuable resources for all students and allow students more flexibility and the ability to look beyond our district schools to include state and national averages and international colleges in their planning. If you would like to begin to any research CaliforniaColleges.edu have excellent career exploration tools and resources. More information and tools will be shared with each grade level this school year.