

COUNSELING CORNER

May-June 2018

Natalie Seward	A-Coo
Julianne Velasco	Cop-Haro
Chanelle Lary	Harr-Lin
Toni Zurcher	Lin-Par & EL students
Jennifer Magruder (Sub:Taylor Wagonseller)	Pas-Shr & AVID students
Sally Gervasini	Shu-Z

IMPORTANT DATES: 9th, 10th, 11th grades

Fall 2018 Course Registration

All students should have submitted their course requests through Aeries on March 17th and turned in their completed registration worksheets to their counselor. If you would like to make a change to your course selection, you will need a schedule change form for 2018-2019. These forms are available in the counseling office or on the counseling website. The deadline to make changes to your 2018-2019 course requests is **Friday, May 25th**.

SENIORS:

Final Transcripts for College Admissions

Seniors who are planning to attend a 4 year college or University next year **MUST** see the registrar, Mrs. Martinez, to request that a final, year-end transcript is sent to their college of choice. Admission is contingent upon successfully completing senior year. All transcript requests are **due by June 1st** in Mrs. Martinez's office located in the Administration building.

Senior Surveys

All seniors are required to complete the Senior Surveys on [Naviance](#) in order to graduate. More information regarding these surveys will be emailed in early-June. Seniors, who are attending a four year college or university next year, make sure you update your decisions on [Naviance](#) once you commit to a school.

Senior Checkouts

All seniors will need to go through the checkout process prior to graduation. Checkout forms will be available for pick up before school in the quad on Friday, June 8th. The checkout process will conclude with turning in your checkout forms to your counselor on **Monday, June 11th**.

Counselors will be available starting at lunch until the end of the school day.

Congratulations Class of 2018!

Senior Week Activities

Senior Week is June 11th-June 15th. This week includes a variety of activities including the senior trip to Disneyland! Graduation rehearsal is on **Thursday, June 14th** and attendance is mandatory! The graduation ceremony is **Friday, June 15th at 4:00pm**. For more information, check out the [Senior Info](#) page on our school website.

Scholarships

Along with submitting your college applications, now is the time to start researching scholarship opportunities! Scholarships are financial awards towards college tuition that you do not have to pay back. Check out the scholarship list on [Naviance](#) as we are updating active scholarships daily and some scholarships will have deadlines that are quickly approaching. You can also look at other sites for scholarship opportunities that are listed on the [counseling website](#) here.

College Application Decisions

Seniors who are attending a four year college or university next year, make sure you update your decisions on [Naviance](#) once you commit to a school. We would love to see where you have decided to attend! Congratulations Class of 2018!

Awards Night

Our annual TPHS Awards Night is Thursday, May 31st at 6:00pm in the gym.

Off Campus Classes-Important!

Remember, if you are taking off campus classes, you must submit an official transcript to our registrar by **Friday, May 25th**. **Seniors, this includes Health!** Official transcripts (in a sealed envelope) can be mailed or brought to Mrs. Martinez's office located in Administration.

JUNIORS:

Brag Packets for Letters of Recommendation

If you are planning to apply to private or out of state colleges/universities which require letters of recommendation from a teacher and/or counselor, you **MUST** complete a "brag packet." Brag Packets for both teachers and counselors are available now and can be found in Google Classroom - Senior Class of 2019. Typically, they are not due until the fall so take your time completing the brag packets and be thorough with your answers. Please check-in with each individual writing your letters and be mindful of their deadlines regarding brag packets and resume submission. Remember to request your letter of recommendation from a teacher/counselor in person.

The **Junior** presentation included information about college admission requirements, college admission testing, the college application process and much more. This is a great time of year for students to start thinking about college options. The Junior Audit presentation is now [available](#).

SAT/ACT Exams

Registration for SAT and ACT is available now. Make sure to check [Collegeboard.com](#) to register for upcoming SAT Exam and SAT Subject Tests dates and [ACT.org](#) to register for the ACT Exam.

College Research

This is a great time of year for students to start thinking about college options. You can utilize these great resources for researching college and career options:

- **Big Future:** <https://bigfuture.collegeboard.org/>
- **California Colleges:** <https://www.californiacolleges.edu/#/> (Find colleges nationally, not only in California. Research careers, colleges, and log your list of colleges with a planning tool on this website)

- **College Data:** <https://www.collegedata.com/>
- **Career Zone:** <https://www.cacareerzone.org/budget/>

For more resources go to SDUHSD College & Career Research:
<http://www.sduhsd.net/subsites/College-and-Career-Planning/>

JUNIORS/SOPHOMORES/FRESHMAN

Summer School

- Online credit recovery courses are only available for credit deficient 11th and 12th grade students. Please see your Counselor if you have any questions or wish to submit an application by May 18th. Session runs from June 22nd through August 3rd.
- Remediation courses are only available for Integrated Math 1, 2, or 3. Please see your Counselor to enroll in either Session 1 (June 22 – July 13) or Session 2 (July 16 – August 3). Summer school applications are accepted through May 18th.
- Bridge courses to advance from IM1 to IM2H or IM2 to IM3H or IM3 to AP Calculus AB are available as an Independent Study course. Bridge courses are mandatory in order to enter our Honors level math courses. An Assessment is required and can be taken on July 25th or August 2nd or August 13th. Summer school applications are accepted through May 18th.
- Students in our English Language Development classes are eligible to continue strengthening their English skills over the summer. Students can enroll in ELD 1, 2, or 3 and receive 5 elective credits upon completion. Session runs from June 22 through July 21. Summer school applications are accepted through May 18th.
- Having a Voice Leadership Academy session runs from June 22nd through July 6th. Please see your Counselor to for more information. Summer school applications are accepted through May 18th.

Grades

The [grade reporting calendar](#) is posted on the counseling website for your convenience. Make sure to log in to Aeries and check your student's semester grades. Grades for all classes will be reported under the "grades" tab. The semester grades **will** get posted on the transcript.

It is helpful to discuss the importance of study skills with students and they should be keeping track of their academic performance through AERIES. Below is a list of common study habits that our students have found to be helpful:

- Take advantage of teacher-led study sessions.
- Use the free after school [tutoring](#). Times and location are on the counseling website.
- Read and re-read the chapters assigned, to make sure you understand the concepts.
- Take notes on chapters that are assigned.
- Study at a desk, rather than a more comfortable location.
- Study where you can focus best (i.e., in a quiet room, without music).
- Utilize group study sessions: when you teach other students the material, it helps you remember it too.
- Use flashcards to help with memorization.
- Go to bed at a reasonable hour, sleep is important!

Tutoring

Free tutoring is available after school for all students. The [tutoring schedule](#) is posted on the counseling website for your convenience. Students can also take advantage of TPHS [Peer Tutoring](#) in the Learning Commons Monday-Thursday from 2:40-4:00pm. Please encourage your student/s to take advantage of these valuable supports.

Get connected!

- Connect with a PAL (more information under the PALS tab on tp.sduhsd.net)
- Join a [club](#)! Clubs are listed on our ASB website [clubs](#)

Summer Enrichment Programs

If you haven't decided how to spend your summer, you may want to think about the possibility of participating in a summer enrichment program. Not only is it an exciting way to spend your summer, but you could get to experience life on a college campus, explore new and exciting fields you may want to pursue for college majors, make friendships with students from around the globe, and perhaps, even earn college credit for the courses you take. If summer programs interest you, you should act soon! Stop by the College and Career Center to pick up materials for available program offerings!

NAVIANCE UPDATE

SDUHSD is committed to providing all students with access to career and college planning resources. In order to connect students with diverse, free and up-to-date college & career resources, which are still accessible to students after graduation, SDUHSD schools will no longer subscribe to the Naviance program. During this transition, 9th and 10th grade students will no longer have access to Naviance, and 11th grade and 12th grade will continue to use Naviance this year only. This transition will also retain valuable resources for all students and allow students more flexibility and the ability to look beyond our district schools to include state and national averages and international colleges in their planning. If you would like to begin to any research CaliforniaColleges.edu have excellent career exploration tools and resources. More information and tools will be shared with each grade level this school year.