

Things to Know about Sports at Torrey Pines High School

Check for schedules, directions, timelines for sport seasons and much, much more on the web at www.tphs.net

In order to be eligible to participate on a sports team, you must first have the items listed below turned in to the Athletic Director's office. All forms must be filled out completely and submitted prior to the beginning of the sports season. Failure to complete any of these forms will make you ineligible. If your packet is complete, your name will appear on the "Cleared List" which is posted on the Athletic Bulletin Board and on the tphs.net website. This "Cleared List" is forwarded to the coach prior to the first day of tryouts.

CHECK LIST OF FORMS: Please make sure your packet is complete

- Athletic Emergency Release Form:** Needs to be completed and signed for every sport, every season.
- Sports Physical Form:** You must have a physical exam in order to try out. There are no exceptions. Physicals are good for one calendar year and must cover you through your entire sports season. ***The school provided form must be used by your physician; no other form will be accepted.***
- Participation Form:** 2-sided form
- Release of Liability Form**
- Non-District Transportation Form/Use of Private Automobile Form**
- Agreement Regarding Use of Steroids**
- Proof of Medical Insurance:** You must provide a Xerox copy of the front and back of your medical insurance card. The school has paperwork available for the Myers-Stevens Insurance Co. for those of you that are not insured or would like extra insurance. These forms are available in the Athletic Department.
- Acknowledgement of Athletic Handbook, Code of Conduct and District Hazing Policy**
- CIF Ethics in Sports**
- Transportation Fee:** Check or Money Order for \$100, payable to SDUHSD. Checks will not be cashed until the teams have been selected.

Transfer Students & Incoming 9th Graders Only (in addition to the above):

- Please attach a copy of your report card (fall athletes only) to your packet. You must have at least a 2.0 GPA from your last semester (8th grade or previous school) in order to be eligible to tryout. You must include a copy of your summer report card if it helps raise your GPA to a 2.0.

Once you've made the team:

Athletic Transportation: Athletes are responsible for attending their athletic events on or off campus. Athletic transportation is provided as an optional service. The fee is \$100.00 per sport. **Checks should be made payable to SDUHSD and turned in with the athletic packet.** Please write the student's name and sport on the memo line. Checks will not be cashed until the teams have been selected.

Grade Point Average (GPA): You must have a 2.0 GPA from your last semester in order to be eligible for a team. The Athletics Office will verify GPA's for returning athletes. New students to TPHS (all seasons) or incoming freshmen (fall athletes only) must include a copy of their last report card in this packet.

Equipment: Students who make the team will be issued equipment. If the equipment is lost, stolen or not returned at the end of the season, a fee will be charged for repairs to, or replacement of, the equipment. Failure to return or pay for lost or stolen items or repairs to equipment may affect the student's eligibility in other sports and in graduation.

www.tphs.net

The Torrey Pines web site is the best way to stay informed!
The Athletics Page connects you to timelines for every sports season,
as well as specific sports information, team sports schedules,
directions to opponent schools, and much more.
Log on today!!

Sports Seasons

Athletic Packets Due. Aug. 1st

FALL SPORTS (Aug. - Nov.)

- CROSS COUNTRY
- GIRLS FIELD HOCKEY Varsity, JV
- FOOTBALL Varsity, JV, Frosh
- GIRLS GOLF
- GIRLS TENNIS Varsity, JV
- GIRLS VOLLEYBALL Varsity, JV
- BOYS WATERPOLO Varsity, JV , Novice

Athletic Packets Due. Nov 1st

WINTER SPORTS (Nov. - Feb.)

- GIRLS BASKETBALL Varsity, JV, Frosh
- BOYS BASKETBALL Varsity, JV, Frosh
- GIRLS SOCCER Varsity, JV, Frosh
- BOYS SOCCER Varsity, JV, Frosh
- GIRLS WATERPOLO Varsity, JV, Novice
- WRESTLING

Athletic Packets Due. Feb 1st

SPRING SPORTS (Feb. - May)

- BASEBALL Varsity, JV, Frosh
- BOYS GOLF
- GYMNASTICS Varsity, JV
- BOYS LACROSSE Varsity, JV
- GIRLS LACROSSE Varsity, JV
- GIRLS SOFTBALL Varsity, JV, Frosh
- SWIMMING/DIVING
- BOYS TENNIS Varsity, JV
- TRACK
- BOYS VOLLEYBALL Varsity, JV, Frosh