



Torrey Pines High School

ATHLETICS

#1 High School Athletics Program in California

SEASON 1 (Begins December 12)

Badminton

Cheer, Competition

Cheer, Sideline

Cross Country

Field Hockey

Football

Gymnastics

Volleyball (Boys & Girls)

Water Polo (Boys & Girls)

SEASON 2 (Begins March 13)

Baseball

Basketball (Boys & Girls)

Golf (Boys & Girls) - begins early Feb)

Lacrosse (Boys & Girls)

Soccer (Boys & Girls) - begins Feb 22

Softball

Swim & Dive

Tennis (Boys & Girls) - begins Feb 22

Track & Field

Wrestling (Boys & Girls)

Important date to remember:

Athletic Packets due for ALL sports: November 15, 2020

Find out more about Torrey Pines High School Athletics at tp.sduhsd.net

Check us out on Facebook and follow us on Twitter @ TorreyPinesHS

Frequently Asked Questions (FAQ)

Q: Why should students participate in TPHS athletics?

A: Participation in high school athletics gives students an opportunity to make connections. It teaches the student several life skills, among them responsibility, perseverance, goal setting, and humbleness. The skills they develop here will help them be successful in high school, college or other future endeavors.

Q: What are the eligibility requirements to participate in TPHS athletics?

A: The student must be enrolled at TPHS, have a 2.0 unweighted total GPA, and be enrolled in 5 classes. Incoming 9th grade students must have a 2.0 GPA at the end of the 4th quarter/2nd semester of their 8th grade year. Students must attend $\frac{2}{3}$ of the school day (if taking 3 classes) or $\frac{3}{4}$ of the school day (if taking 4 classes) to compete on that school day.

Q: When are tryouts for each season?

A: Tryouts for each season are as follows: Season 1 - mid December; Season 2- February or March (depending on sport)

Q: What is required to try out /participate in a sport?

A: A student must turn in the following paperwork in order to tryout and participate in a sport: Log on to www.athleticclearance.com and complete the online clearance. Sign the online confirmation page and submit this along with the physical exam forms, and front/back copies of the student's insurance card. All paperwork can be turned into the Athletic Department. Please go to the TP Athletics website (<https://sites.google.com/a/sduhsd.net/tpathletics/>) for more information.

Q: When is the athletic paperwork due?

A: Athletic paperwork is due by the following for **ALL** sports - November 15, 2020

Q: Can you earn Athletic PE credit when participating in a sport?

A: Any 10-12 graders can earn up to 20 Athletic PE Credit (5 credits per sport) as long as they compete in a CIF sport that there is no PE class dedicated to that sport at TPHS. The student must also pass the Physical Fitness Test (PFT) which is administered in the spring, typically in Year 1 PE. Only the following sports can earn Athletic PE Credit for completing their season of sport in good standing: Badminton, Baseball, Girls Basketball, Cross Country, Field Hockey, Gymnastics, B/G Golf, B/G Lacrosse, B/G Soccer, Softball, B/G Swim and Dive, B/G Tennis, Track & Field, B/G Volleyball, B/G Water Polo, Wrestling

Q: How often does a physical need to be completed to participate in athletics at TPHS?

A: The physical exam is good for one calendar year and must be valid through the entire season the athlete competes.

WE ARE TP !!!