



Torrey Pines High School

NEWSLETTER



Let's have a fun, safe Prom!



College Stress



Senior Talks - Finish Strong, Falcons!

Falcon Feature

At this time of year, the focus often turns to what's next. Our seniors have chosen their path, and most are off to college. But after four years of stressing about getting into college, studies show that the stress continues while in college and beyond. With acceptance rates at an all time low, it's no shock that stress among teens is at an all-time high. As the school year comes to an end, and our seniors prepare to leave Torrey Pines, take a moment to talk to your student about the stress they feel around college acceptance, and ways they can get support and build resilience. For some insights on this challenging topic, this recent [article by the CEO of the College Board](#).

Prom

Prom is always a special event, and we hope all of our Falcons have a safe, enjoyable, and memorable experience. Please help us ensure everyone has a good time by talking to your student about your expectations for the night. Things like limo buses, uninvited guests, and "after parties," can often lead to significant problems for families. Keep an open dialogue with your student so we can avoid problems and all have a fun night! Here are some [tips for parents](#).

Senior Talks

This week Principal Coppo met with all of the class of 2019 to talk about [graduation](#), and finishing the year strong. While many of our seniors are already getting ready to go off to college, it's important for our Falcons to stay focused on enjoying their last few weeks of high school. We want all of our students to make sure the end of the year is fun and exciting, and avoid doing anything that might detract from this special time in their lives.

Did You Know?

It's a busy time of year, but it's a great time to get connected to TPHS. Over the next few weeks, we are hosting several events for the public: Math Open House on 5/28, music concerts on 6/3 & 6/6, Awards Night on 6/4, and Dance Team's Expression Session on 6.8. For more info, check out the calendar on our [TPHS website](#).

Counseling Newsletter

UPCOMING EVENTS

Academics

- 5/28 Math Open House @ 6:30
- 6/4 Awards Night - In the PAC
- 6/5- Late Start
- 6/11 - Single Period Day
- 6/12-14 - Finals

Arts

- 6/3 & 6/6 - Falcon Finale Concerts
- 6/8 Expression Session (gym)

Athletics - Schedule

CIF playoffs are still going! Please see the TPHS athletics website for the most up-to-date game information.

**Graduation
June 14**