



Torrey Pines High School NEWSLETTER



TP Foundation Opt-in QR Code



First Day of School, Tuesday, August 25th



SEL Core Competencies

Falcon Feature

With the start of school just a few days away, we hope that all of our Falcons are pumped and ready for the start of the 2020-2021 school year! To help our students be ready to connect and learn, here are some helpful hints and resources:

- If you need a Chromebook, distribution is Monday, 8/24 from 8am to 11am in the [TPHS Learning Commons](#).
- [SDUHSD Tech Hub](#) - Bookmark this invaluable link as your primary support for the programs your student will be using during distance learning.
- Attendance is mandatory for all students, for each class, every day. Please follow the [TPHS Distance Learning Bell Schedule](#) and [TPHS Calendar](#)
- Regularly check your [Aeries Portal](#) to track progress and attendance
- Follow our [TPHS Google Meet Expectations](#) when entering our distance learning classrooms
- Create a good routine to help your student be prepared for a full day of learning every school day (good night's sleep, eat breakfast, limit distractions, stay active, etc.)

School Connectedness

The most important element in education is connection. Our Falcons appreciate the connection they feel to our school and staff. While we are physically distant we can stay connected through our weekly [School Connectedness \(SC\) time](#). We'll have weekly wellness activities, ASB broadcasts, club meetings, and topical discussions to help students stay connected.

Foundation Support

One of the best ways to be an active part of our Falcon Family is to stay connected with our Foundation. If you want the TPHS Foundation to keep in touch, [please enter your email address](#) now, or scan QR Code above on your mobile device. Here is what you will enjoy: School and Foundation Events, News, Sports, Updates, Alumni Relations, as well as Volunteer Opportunities. TPHSF will not share your information with anyone and you can opt-out at any time.

Social Emotional Learning Spotlight

As we begin this school year in a vastly different world, we would like to once again share our commitment to supporting our students' personal health and well-being. Torrey Pines staff are continuing to develop our students' SEL health by focusing on the [five competencies](#). When schools and families partner to help develop students academically, physically, and social-emotionally, we can ensure our young adults are prepared for their future.

Resources

Important dates:

- 8/21 - [Deadline for Student Survey about wellness](#)
- 8/24 - [Chromebook distrib 8-11 am TPHS Learning Commons](#)
- 8/25 - [First day of school \(single period day\)](#)

SEL

- [SDUHSD Wellness & SEL Parenting Guides \(grade based\)](#)
- [SAMHSA Coping With Stress](#)
- [CDC Managing Stress & Anxiety](#)
- [Peer-to-Peer Web chat](#)
- [SAMHSA Distress Line](#)
- [2-1-1 Crisis Response](#)

Distance Learning

- [SDUHSD Tech Hub](#)
- [TPHS Distance Learning Bell Schedule](#)
- [TPHS Calendar](#)