



Torrey Pines High School

NEWSLETTER

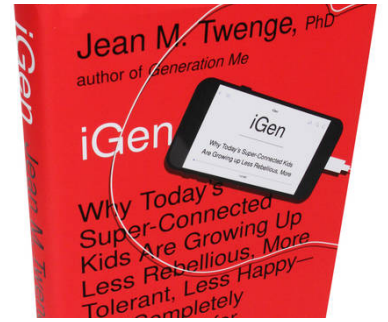


SUICIDE AWARENESS MONTH

Community Event 10/12



Don't Miss BTSN on 9/24!



Parent Education Event 10/15

Falcon Feature

We hope you are planning to join us next Tuesday from 5:15 to 7:30 pm for our annual Back to School Night! This is a great opportunity for our families to get the chance to experience what it's like to be a student at Torrey Pines High School. We will kick off the night with a short welcome from Principal Coppo in the amphitheater at 5:30 pm, and classroom visits will start promptly at 5:40 pm. Be sure to come early and enjoy our amazing Jazz Band, and check out the informational tables featuring our clubs and teams. Don't miss this chance to Take Pride in your school! For more information, please download our [BTSN Flyer](#).

Author Jean Twenge @ TPHS 10/15

On 10/15 TPHS is proud to welcome author [Dr. Jean Twenge](#) to our PAC. Jean is the author of *iGen: Why Today's Super-Connected Kids are Growing Up Less Rebellious, More Tolerant, Less Happy--And Completely Unprepared for Adulthood--and What that Means for the Rest of Us*. The event will be from 6:30-7:30 pm. We will send an informational flyer with additional details soon. Mark your calendars now!

Suicide Prevention Event

September is Suicide Prevention Month, so we want to make you aware of an important event. On October 12th the Ninth District PTA is hosting their 2nd annual Suicide Prevention Symposium. This is a great opportunity for families to learn, to connect, and to collaborate on ways we can all address this important issue. For more information, please [download their flyer](#).

Did You Know?

The simple act of taking time to show gratitude for the benefits we have in life, and the people around us, can have a dramatic impact on our health and happiness. As part of our "self awareness" theme during September and October, we hope you find a moment to slow down, connect with your family, and make a list of the great things and people in your life. If you'd like to read more about this, check out this [article from Mind/Shift](#).

Counseling Updates

UPCOMING EVENTS

Academics

- 9/24 - Back to School Night
- 9/24 - Last day to drop a class
- 9/25 - Late Start
- 9/27 - Last Day for ID Photos
- 9/30 - No School

Athletics - Schedule

- 9/20 - Football @ El Camino
- 9/24 - Tennis v. Carlsbad
- 9/27 - Field Hockey v. Mission Hills
- 10/2 - Volleyball v. San Marcos
- 10/2 - Water Polo v. CCA