Torrey Plnes High School Falcon Family Education Event

iGen: Parenting the Smartphone Generation

Tuesday, October 15 @ 6:30 pm **TPHS Performing Arts Center** Admission is Free



Jean M. Twenge, PhD

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author of Generation Me

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Why Today's Super-Connected Kids Are Growing Up Less Robellious, More Why Today's Super-Connected Kids Axe Growing Up Less Rebellious, More Tolerant, Less Happy and Completely **Unprepared for** Surprising. Adulthood* -TIME

*and What That Means for the Rest of Us

Facts About iGen:

- Born after 1995
- Grew up with touchscreens
- Frequent multi-taskers
- Less face time with friends
- Social media saturated
- 7+ hours a day with a screen
- Growing up later
- More anxious and depressed
- More safe, but more fearful

We Are TP

TPHS is committed to supporting the social and emotional needs of our students through classroom instruction, school activities, and parent education. We hope you join us for this important presentation, and continue the conversation at home with your family.

Brought to you by





Jean M. Twenge, Professor of Psychology at San Diego State University, is the author of more than 140 scientific publications and books.