



Torrey Pines High School

NEWSLETTER



Get Connected - Join A Club!



What It Means To Be a Falcon



Juuling, Vaping & E-Cigs

Falcon Feature

This week our administration team presented in first year PE classes about what it means to be a Falcon. The discussion was focused on our TP pledge: Take Pride in ourselves, Take Pride in each other, and Take Pride in our school. The goal of speaking to our students was to provide information to help our Falcons make informed decisions. Students learned that it is important to take care of themselves and be positive and active members of the Torrey Pines school community. These presentations are an important part of our school culture, and great chance for our Falcons to connect with our administrators. It's our goal to support our Falcons inside and outside the classroom. WE ARE TP!

Student Clubs

One of the best way to make the most out of high school is to get connected in activities outside the classroom. TP recently hosted it's annual Club Days where student-run clubs get the chance to share their unique interests with other like-minded students. The diversity in our clubs is incredible, so there truly is something for everybody. But if a student doesn't see a club for them, they can start their own. For more information, check out the [ASB Club Page](#).

Vaping & Juuling - Get Educated

The use of nicotine delivery devices like Juuls and e-cigs has increased more than 900%. The CDC considers the issue a nation-wide epidemic, and schools all over the country agree. TPHS prohibits the use of these devices at all times. Some believe that these devices are safer than smoking, but the research says otherwise. Educate yourself, and talk to your student. For more info check out these websites:

[Surgeon General Fact Sheet](#) [CDC Parent Tip Sheet](#)

Did You Know?

We have made some changes to our TPHS website, including the addition of a [Parent Resources](#) tab. One of the best resources on the page is our link to the [SDUHSD wellness information](#). If you click on the tab, you can get info on upcoming parent forums, as well as valuable resources. We all play a role in the health and safety of our students, check back often for updates and additional information.

UPCOMING EVENTS



Academics

Oct. 29: AP Late Payment Deadline
Oct. 31: Halloween & End of Quarter
Nov. 7: Late Start Day



Arts

Oct. 29: Fall Concert (@ CCA)
Nov. 7-10 & 12-17: The Government Inspector



Complete Fall Schedules

Oct. 29: Golf CIF Tournament
Oct. 30: Field Hockey @ TP
Oct. 31: Volleyball CIF Semis
Nov. 3: Water Polo CIF

Fall Break
November 19-23

More info: tp.sduhsd.net